



Sick Child Policy- Communicable Diseases Requiring Removal of Child from Trinity Lutheran Early Childhood Center of Freistadt

Disease Name (aka causative agent)	Spread By	Incubation Period (Time from exposure to symptoms)	Signs and Symptoms	Time Period When Child is Contagious	Criteria for Exclusion from TLECC
Cold Sores	Direct Contact with open sores or saliva	2 days to 2 weeks	Fever, irritability, blisters (in mouth, on gums or lips), conjunctivitis, keratitis (inflammation of the cornea)	2-7 weeks after symptoms appear, virus shedding possible without symptoms	Exclude until fever resolved for 24 hours, child is able to control drooling, blisters are scabbed over
Croup	Infection of the upper airway caused by a virus, normally parainfluenza, but it also be caused by RSV	Lasts 3-5 days but can last up to 2 weeks	Characterized by a low, barking cough reminiscent of a seal bark; may be accompanied by a fever	During the incubation period and for about seven to 10 days after symptoms develop	Exclude until fever resolved for 24 hours, child must be able to comfortably and actively participate in daily center activities
Diarrhea and/or Vomiting of unknown cause	Person-to-person; water; food; environmental surfaces; fecal-oral	12-72 hours	3 or more loose stools in 24 hour period, vomiting, nausea, abdominal cramps, low grade fever, headache, malaise	While symptomatic up to 3 weeks after symptoms resolve; virus can be present before symptoms appear	Exclude until asymptomatic for 24 hours; Do not bring children to the center if they've vomited during the night
Hand-Foot-and-Mouth Disease	Contact with fecal, oral, or respiratory secretions	3-6 days	Fever, rash (on hands, feet, or mouth), conjunctivitis, sore, throat, vomiting, diarrhea	Most contagious during the incubation period before any symptoms appear; 1-2 weeks for respiratory secretions; weeks to months for feces	Exclude until fever resolved for 24 hours, blisters are scabbed over, child is able to maintain hygiene and avoid close contact with others
Influenza (Flu, Influenza virus)	Inhalation of respiratory droplets	1-4 days	Fever, cough, nasal congestion, headache, body aches, fatigue	1 day prior to and up to 7 days after symptoms begin	Exclude until fever resolved for 24 hours
Lice	Direct contact or contaminated objects	7-10 days before they appear	Itching scalp, especially behind the ears and back of neck; many children are asymptomatic	While live lice and nits are present	We have a no nit policy. All traces of lice and nits must be removed in order to be admitted back to the center.
Pertussis (Whooping Cough)	Inhalation or direct contact of respiratory secretions	5-21 days; usually 7-10 days	Early cold-like signs or symptoms, coughing progressing to severe, often with "whoop," vomiting possible, absent or minimal fever, most severe first 6 months after birth	7 days prior to and until 21 days after onset of cough; or 5 days after start of treatment	Exclude until after 5 days of appropriate treatment; if no antibiotic treatment, exclude 21 days after cough onset
Pink Eye (Bacterial or viral conjunctivitis)	Direct or indirect contact with eye discharge	Variable depending on causative organism	Bacterial: red/pink itchy eye (s), green/yellow eye discharge	While signs and symptoms are present	Exclude until fever resolved, if there is a behavioral change or child is unable to avoid touching eyes; must be on antibiotics for 24 hours if bacterial infection
Respiratory Syncytial Virus (RSV)	Direct or close contact with viral respiratory droplets or direct contact of eye, nose, or mouth discharges, or contaminated surfaces	2-8 days; usually 4-6 days	Runny nose, cough, sneezing, wheezing, rapid breathing, fever	Duration of illness; usually 3-8 days	Exclude until fever resolved for 24 hours



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Ringworm	Direct or indirect contact with lesions or contaminated personal objects/surfaces	Body/perianal/grain: 4-10 days; Scalp: 10-14 days	Skin: red, circular patches with raised edges, center clearing, cracking/peeling of skin between toes Scalp: dandruff-like scaling patchy areas with or without hair loss, redness	As long as lesions are present or until treatment begins	Exclude until treatment is initiated and lesions are covered
Strep Throat and Scarlet Fever	Contact with infectious respiratory droplets and saliva, direct contact with mouth or nose secretions	2-5 days	Sore throat, fever, headache, tender swollen lymph nodes, decreased appetite, chills and sweats	Until 24 hours after initiation of appropriate antibiotic treatment	Exclude for 24 hours after initiation of appropriate antibiotic and fever resolved
Varicella (Chickenpox)	Inhalation or direct contact of respiratory secretions, skin lesions, or contaminated objects	10-21 days; usually 14-16 days	Generalized rapidly progressing itchy rash, blisters that crust, mild fever, malaise	2 days prior to rash onset to 5 days after rash resolves or until lesions crusted over	Exclude until lesions have dried and crusted; exclusion of exposed persons not immunized, with compromised immune systems, or pregnant usually not mandated; families should be notified of risk

NOTES

From the Wisconsin Childhood Communicable Diseases Chart:

Three Key Criteria for Exclusion: Caregiver/teacher should determine if the illness 1) prevents child from participating comfortably in activities, 2) results in need for care that is greater than staff can provide without compromising health and safety of other children, or 3) poses risk of spread. If any of these criteria are met, child should be excluded regardless of type of illness.

TLECC: We require that children be cared for at home if they exhibit behavior not normal to their personality, are miserable or if they require more attention than we can safely provide.

Temperatures of 100.0°F or higher:

Child excluded until fever resolved for 24 hours, WITHOUT THE USE OF FEVER REDUCING MEDICATION.

Ear Infections:

Child excluded for 24 hours after initiation of appropriate antibiotic. While ear infections themselves are not contagious, the virus that causes them are. In addition, at the early stages of an ear infection, a child is uncomfortable and not easily cared for in a group setting. Please keep your child home until treatment relieves their malaise.

Communicable diseases and reasons for requiring removal of child from TLECC are not limited to the list provided here.